

MOTHER'S DAY

Dear Editor,

This Sunday, May 14th, many of us will celebrate Mother's Day and the cherished bond between mother and child. Tragically, the worldwide symbols of motherhood - dairy cows, never get to see or to nurture their babies.

The newborn calves are torn from their mothers at birth and turned into veal cutlets, so we can seize and drink the milk that mother cows produce for them. The distraught mothers bellow for days, hoping in vain for their babies' return.

Dairy cows spend their lives chained on a concrete floor, with no access to the outdoors. Each year, they are impregnated artificially to keep the milk flowing. When milk production drops, around four years of age, they are turned into hamburgers.

This Sunday, let's honor motherhood and our natural compassion by refusing to subsidize cruelties of the dairy industry. Let's replace cow's milk and its products, laden with fat and cholesterol, with delicious, healthy, cruelty-free nut or soy-based milk, cheese, yogurt, and ice cream offered in every supermarket. Mother cows and our own bodies will thank us.

Sincerely,